Strengthening the Public Health Impacts of the Supplemental Nutrition Assistance Program (SNAP)

A PROVEN POLICY APPROACH

SNAP helps stabilize the economy

- Responds quickly during an economic downturn
- Lifted 3.2 million people out of poverty in 2018
- For every $1 in new SNAP benefits, up to $2 in economic activity is generated

SNAP reduces food insecurity

30% ▼

SNAP reduces health care costs

- Compared to low-income non-participants, adults in SNAP have average annual health care costs that are $1,400 to $5,000 lower on average

OPPORTUNITIES TO IMPROVE PARTICIPANTS' NUTRITION & HEALTH

Approaches to increase SNAP access and adequacy

- Increase SNAP participation
- Increase SNAP benefit adequacy

Federal nutrition education and promotion

- Increase SNAP-Ed reach and impact

Foster more resilient food systems

- Strengthen the public health impacts of SNAP before, during and after natural disasters and through resilient food systems

Promote healthier foods in the retail environment

- Strengthen requirements for SNAP-authorized retailers to promote healthier retail food environments
- Ensure more retailers are authorized for online SNAP
- Promote healthier purchases with SNAP benefits, including online purchases

The content in this graphic is based on a research brief “Strengthening the Public Health Impacts of SNAP: Key Opportunities for the Next Farm Bill.” Check out the brief: bit.ly/SNAP-Impact