

Strengthening the Public Health Impacts of the Supplemental Nutrition Assistance Program (SNAP)

Healthy Eating
Research

A PROVEN POLICY APPROACH



SNAP helps stabilize the economy

- Responds quickly during an economic downturn
- Lifted 3.2 million people out of poverty in 2018
- For every \$1 in new SNAP benefits, up to \$2 in economic activity is generated

SNAP reduces food insecurity

30% ▼

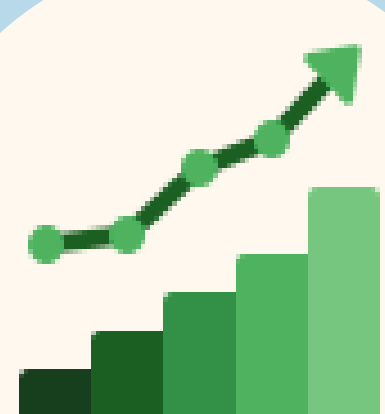


SNAP reduces health care costs

- Compared to low-income non-participants, adults in SNAP have average annual health care costs that are \$1,400 to \$5,000 lower on average



OPPORTUNITIES TO IMPROVE PARTICIPANTS' NUTRITION & HEALTH



Approaches to increase SNAP access and adequacy

- Increase SNAP participation
- Increase SNAP benefit adequacy



Federal nutrition education and promotion

- Increase SNAP-Ed reach and impact



Foster more resilient food systems

- Strengthen the public health impacts of SNAP before, during and after natural disasters and through resilient food systems

Promote healthier foods in the retail environment

- Strengthen requirements for SNAP-authorized retailers to promote healthier retail food environments
- Ensure more retailers are authorized for online SNAP
- Promote healthier purchases with SNAP benefits, including online purchases



The content in this graphic is based on a research brief "Strengthening the Public Health Impacts of SNAP: Key Opportunities for the Next Farm Bill." Check out the brief:

bit.ly/SNAP-Impact